

Suggested Schedule Monday through Friday

Pre-K- 2nd	3rd - 5th	6th - 8th
9:00 Wake up, brush your teeth, wash your face	9:00 Wake up, brush your teeth, wash your face	9:00 Wake up, brush your teeth, wash your face
9:00 - 9:30 Eat Breakfast	9:00 - 9:30 Eat Breakfast	9:00 - 9:30 Eat Breakfast
9:30 - 10:00 Read to yourself, read to someone, listen to someone read to you	9:30 - 10:00 Read to yourself, read to someone, listen to someone read to you	9:30 - 10:00 Read to yourself, read to someone, listen to someone read to you
10:00 - 10:30 Physical Activity	10:00 - 10:30 Physical Activity	10:00 - 10:30 Physical Activity
10:30 - 11:15 (45 min.) Complete activities from your teacher's choice board	10:30 - 11:30 (60 min.) Complete activities from your teacher's choice board	10:30 - 11:30 (60 min.) Complete activities from your teacher's choice board
11:15 - 12:00 Free time	11:30 - 12:00 Free time	11:30 - 12:00 Free time
12:00 - 12:30 Eat Lunch	12:00 - 12:30 Eat Lunch	12:00 - 12:30 Eat Lunch
12:30 - 1:30 Creative Time	12:30 - 1:30 Creative Time	12:30 - 1:30 Creative Time
1:30 - 2:00 Complete chores at your house	1:30 - 2:00 Complete chores at your house	1:30 - 2:00 Complete chores at your house
2:00 - 3:00 Enrichment or technology activities for school	2:00 - 3:00 Enrichment or technology activities for school	2:00 - 3:00 Enrichment or technology activities for school
3:00 - 4:00 Outdoor time	3:00 - 4:00 Outdoor time	3:00 - 4:00 Outdoor time
4:00 - 5:00 Family game time	4:00 - 5:00 Family game time	4:00 - 4:30 Complete activities from your teacher's choice board
5:00 - 6:00 Electronics/TV time	5:00 - 6:00 Electronics/TV time	4:30 - 6:00 Family game time and Electronics/TV
6:00 - 6:30 Eat Dinner	6:00 - 6:30 Eat Dinner	6:00 - 6:30 Eat Dinner
6:30 - 7:30 Free time	6:30 - 7:30 Free time	6:30 - 8:30 Free time
7:30 - 8:00 Get ready for bed, listen to a story, brush your teeth	7:30 - 8:00 Get ready for bed, listen to a story, brush your teeth	8:30 - 9:00 Get ready for bed, listen to a story, brush your teeth
8:00 - Go to bed	8:00 - Go to bed	9:00 - Go to bed

