

DO YOU LOVE TO RUN?



ARE YOU INTERESTED IN JOINING THE CROSS COUNTRY TEAM, OR ARE YOU A RETURNING MEMBER OF THE TEAM?

If you are a returning member of the cross country team or maybe you are interested in joining the cross country team, both parents & athletes are invited to attend a brief meeting to get informed on what cross country is all about, what will be expected of you and how training will look for the upcoming 2023 season. We will also be discussing the upcoming summer camps and the 100 mile challenge taking place over the summer.

WHO: All 5th - 8th graders entering into the 2023/2024 school year, who attend: Monroe, Norwood, Oak Grove, Limestone Walters, Bartonville Grade School, Pleasant Valley and Hollis grade schools.

WHAT: INFORMATIONAL MEETING ABOUT CROSS COUNTRY/TEAM SIGN-UPS

WHEN: MONDAY, MAY 22 AT 7:15PM

WHERE: Alpha Park Shelter, Bartonville, IL

WHO: Coach Walker, Limestone Walters Co-op Cross Country Coach
(309) 253-9282
missywalker1974@gmail.com

If you are unable to attend and would like more information, please contact me at the number or email above.

