

Pleasant Valley is proud to offer the following sports and extracurricular activities for our students:

- Girls Basketball **IESA** 6th-8th grades
- Boys' Basketball **IESA** 7th - 8th grades
- Girls' Volleyball **IESA** 6th - 8th grades
- Cheerleading **IESA** 7th - 8th grades
- Scholastic Bowl **IESA** 6th - 8th grades
- 5th and 6th Boys Basketball 5th - 6th grades
- 5th and 6th Cheerleading 5th - 6th grades
- Yearbook Club 6th - 8th grades
- Student Council 6th - 8th grades
- Drama/musical 5th - 8th grades
- Speech 5th - 8th grades
- Cross Country 5th - 8th grades



We hold our student athletes and students who participate in extracurricular activities to high standards.

ALL students who wish to participate in sports or extracurricular activities must maintain good behavior from the beginning of the school year until tryouts and throughout the season.

This means your student must earn at least an 80% for behavior a majority of each PBIS period in order to try out or participate.

Example: Student A	Example: Student B
<ul style="list-style-type: none"> ● Week 1 = 82% Behavior grade ● Week 2 = 90% Behavior grade ● Week 3 = 65% Behavior grade ● Week 4 = 80% Behavior grade 	<ul style="list-style-type: none"> ● Week 1 = 89% Behavior grade ● Week 2 = 68% Behavior grade ● Week 3 = 75% Behavior grade ● Week 4 = 100% Behavior grade
<p>Student A is ELIGIBLE for sports and extracurricular activities because Student A earned 80% or higher 3 out of 4 weeks</p>	<p>Student B is NOT ELIGIBLE for sports and extracurricular activities because Student B did NOT earn 80% or higher 3 out of 4 weeks</p>

We do not expect our students to be perfect, and that is why they only have to earn an 80% or higher a majority of the time. We know every student can have a bad day or even a bad week.

We also have many supports to help our students maintain good behavior. Those supports include, but are not limited to:

- PBIS district wide (expectations are pre-taught, practiced frequently, and rewarded when done correctly)
- Social Emotional Learning (occurs daily, provides students with strategies and knowledge)
- Behavior Coordinator and coach to work with teachers and students
- School Deans
- School counselors
- Rtl for academics

We also expect our student athletes and students who participate in extracurricular activities to be leaders and treat other students with kindness and respect. Unfortunately, bullying in-person and on social media has become a problem.

Therefore, if any student bullies, teases, or says something mean, inappropriate, disrespectful, or cruel over social media even if they only mean it as a joke or they were "just playing" he or she will not be allowed to participate in sports or extracurricular activities.